July 2012

REMINDER FOR ALL

WHEN A RESIDENT HAS FALLEN;



TO PREVENT INJURY TO YOURSELF <u>AND</u> THE RESIDENT DO NOT ATTEMPT TO LIFT THEM OFF THE FLOOR WITHOUT FIRST HAVING THE RN/LPN ASSESS THEM & THE SITUATION (911 MAY BE NEEDED) BEFORE USING THE MECHANICAL LIFT TO GET THE RESIDENT UP.

The RN/LPN should assess the resident for injuries <u>before</u> they are placed in the lift that has the extension that reaches further down to minimize the amount of bending & lifting...take your time. The resident will not get hurt more if they are on the floor!!

If the resident begins getting themselves up and are capable, provide them with something to hold on to, <u>BUT THE RESIDENT</u> should be doing the weight bearing to get themselves up.



Bending down as low as the floor to lift a resident up, you are not able to use proper body mechanics – you need the mechanical lift...protect your back & protect the safety of the resident!

Lifting a resident by grabbing hold under their arms can be very painful as their muscles are a lot weaker than ours and we can injure them without knowing it...

OCCUPATIONAL HEALTH & SAFETY COMMITTEE