**Slider Sheets (ie. Maxi Slidetm) Bed Repositioning**

**Qualification: 1. Resident in a wheelchair and has little capacity to support themselves**

**2. No capacity to support themselves**

**3. Completely bedridden**

* Read Care Plan
* Complete PACE Assessment
  + If Different
    1. Document!
    2. Identify safe and appropriate mobility technique

*(Remember, you can move up the decision ladder based on PACE results, not lower without an official re-assessment)*

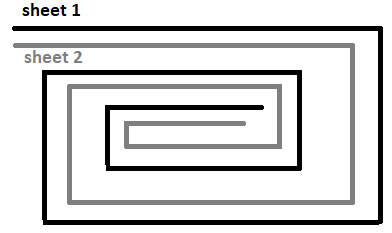
**This device requires 2 employees to complete task**

**Start**

1. Explain to resident what you are going to do and what they must do to help.
2. Adjust the height of the bed so that employee can work at waist height. If employees are of different height use the waist height of the shorter person. If the head of the bed is up, lower it, unless the resident’s condition requires that it be left up. Lock the bed brakes.

**Apply Slider Sheet**

1. Put the two slider sheets together lengthwise. Fold them over into 6-8” folds. Roll the folds underneath. Such as the diagram below:



1. Place under the resident’s head with loose end towards head of bed. Sliding the sheets under the resident’s pillow is the preferred method. If no pillow carefully raise the resident’s head off of bed. Bring the sheets as close to the resident’s shoulders as possible.
2. The hand closest to the head of the bed pushes the loose ends down against the bed to hold in place. The hand closest to the foot of the bed grabs the roll from underneath with palms up and unravels the sheet towards the feet of the resident, without lifting up or lifting the hand off of the bed (prevents skin shearing).
3. Unravel the next fold in the same method moving down the bed, repositioning your hands along the edge of the slider sheets (to prevent over reaching). Continue until the sheet is fully unraveled.

Note: If there is a soaker pad present, the sheets can be unraveled under the soaker pad.

**Reposition Resident**

1. Place a pillow at the head of the bed to protect the resident’s head. With an employee on each side of the bed, lower the bedrails
2. Grasp the maxi slide with both hands palms up and elbows tucked to sides (keeping in mind this is not a lift). Roll or bunch the draw sheet in your hands until your hands are close to the resident.
3. With one foot placed in the direction of the move, place the other on the floor giving yourself a wide base of support. With knees bent, and weight on your leg at foot end of the bed.
4. Together: Count “1, 2, 3, move”. On “move,” **slide** resident up in bed. Repeat in several small stages if needed. The staffs should move their feet and knees forward at each stage.

**Remove Maxi Slide**

1. Starting at the resident’s feet, grasp the corner of the bottom slider sheet and slowly begin pulling it out from underneath the resident. This sheet will slide out nice and easy. Remove the complete sheet
2. For the remaining slider sheet, grasp the far bottom corner and fold this underneath the slider sheet back to your side. Slowly pull the complete slider sheet out from underneath the resident.