

SAVE THE DATE

UPSIDE DOWN AND INSIDE OUT:

Supporting a Person in Crisis Workshop Series

FEATURING:

**World-Renowned
Psychologist
Dr. David Pitonyak**

PRESENTED BY



Dr. Pitonyak is recognized as a world-leader for his approach to supporting individuals facing a behavioural crisis.

This workshop will examine strategies for supporting individuals in crisis, focusing on specific physiological changes that overcome the individual in distress, and strategies that make sense for the individual and his or her caregivers.

This workshop is recommended for anyone who supports people with mental health issues, cognitive disabilities, or autism.

March 19TH, 2019
Sydney | Centre 200

March 21ST & 22ND, 2019
Halifax | Future Inns

Cost: \$125.00/person
(includes refreshments and lunch)

**To register or for more
information, contact:**
bretonabilitycentre@cb-bac.ca