



Caregivers Nova Scotia is pleased to bring you [The Beacon](#), our spring/summer newsletter.

Are you 1 in 3? Are you Caregiver Aware? The hashtag for this year's Caregiver Awareness Month Campaign is [#CaregiverAware2019](#). In this edition you'll find information on campaign events in Nova Scotia and how to get involved; go to our website and you'll see even more Caregiver Aware content, so please visit during the month and join the conversation. This edition also features informative, thought-provoking articles, and an *eggs-cellent* recipe!

Important note: Caregivers Nova Scotia will be holding its [Annual General Meeting](#) on Saturday, June 22, from 11:00 am - 1:00 pm at the Nova Scotia Public Archives, 6016 University Avenue, Halifax, NS. Please RSVP for catering.

We want to ensure the most accurate and current information. If you notice any errors or omissions, please contact us at Info@CaregiversNS.org.

If you do not wish to receive any further emails from us, please accept our apologies and click the Unsubscribe button below.